

# Available by default

#### Features:

- Assessment access
- Personal Strengthscope® wheel/Sign. 7 strengths
- Archived report completions (history)
- Language selector

#### Courses:

- Know your Strengths
- Goal Wizard
- Coaching Tips
- Understanding Your 360 Report course
- StrengthsJournal™

#### Pathways:

- Starting with Strengths

#### Resources:

- Know Your Strengths collection
- Psychology@Work Podcast series

### **Strengths**Portal™



#### **Know Your Strengths**

A short, informative video course to help you understand your Strengthscope® report. The best time to watch it, is after you complete your Strengthscope® assessment.



#### **Goal Wizard**

Start using your unique strengths to achieve a goal with this personalised course.

Choose your top three strengths, bubbling unders, and your energy drainers!



#### **Coaching Tips**

Hear from our Founder and get tips on how best to use your unique strengths. Follow up from Goal Wizard.



### Understanding your 360 report

Learn more about the contents of your Strengthscope 360 report, section by section. You will learn how to read your rater feedback graphs, understand your effectiveness rating, and learn what steps you can take to keep improving the use of your strengths.



#### StrengthsJournal™

All the reflections in the past two courses will appear here! You can update, edit and come back to it later.
This is your personal space, but feel free to explore this with your coach.





# **Starting with Strengths**

o OUT OF 6 SECTIONS PASSED

Welcome to the Starting with Strengths e-learning course. This course will help you to cement your strengths knowledge and start to apply it on the most important subject – you!

**Course objective:** How mindset plays an important role in our performance and how we can use strengths to manage this and move to positive actions.

**Prerequisite:** You should have complete the Know Your Strengths course and understand this ins and outs of your Strengthscope® report.

Course preparations: Ensure you have a copy of your Strengthscope® report to hand.



#### Before you start

> DETAILS



#### Introduction to strengths

Not passed yet

> DETAILS



#### **Negativity bias**

> DETAILS



Managing your minds





### **Objective Setting**

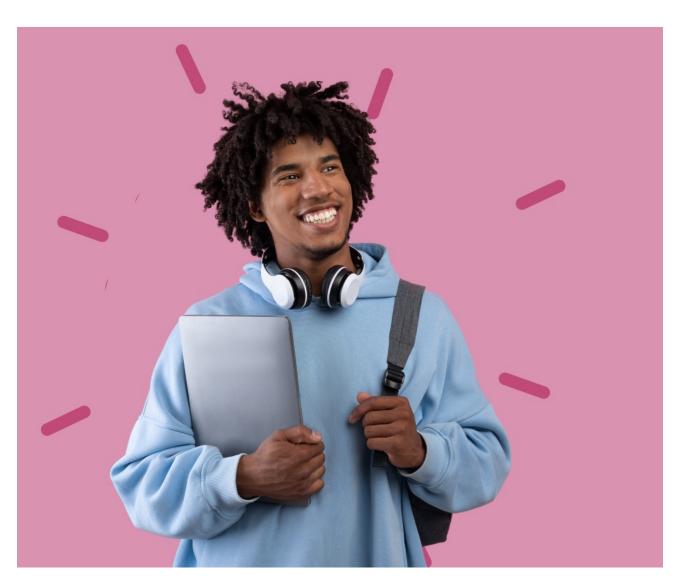
Course Objective: Learn how to own, drive and be accountable for your objectives, performance and growth.

- Create meaningful and energising objectives.
- Consider how you can get the best support from your manager.
- Reflect on what feedback you need to continuously review and strengthen your performance.

### Relevant reports:

Strengthscope® Strengthscope360™





### Personal Development

Course Objective: This course is all about looking for opportunities to grow and develop yourself through feedback, support and challenging stretch assignments.

Learning how you can bring your best self to work every day through maximising productivity, leveraging your network and positively stretching yourself the strengths way.

#### Relevant reports:

Strengthscope® Strengthscope360™



### **Stronger Teams**

Course objective: This course is all about how to create stronger teams, the strengths way. A deep dive into what it means to be part of a strong team and how you can be an effective team member and model good behaviours, using strengths.

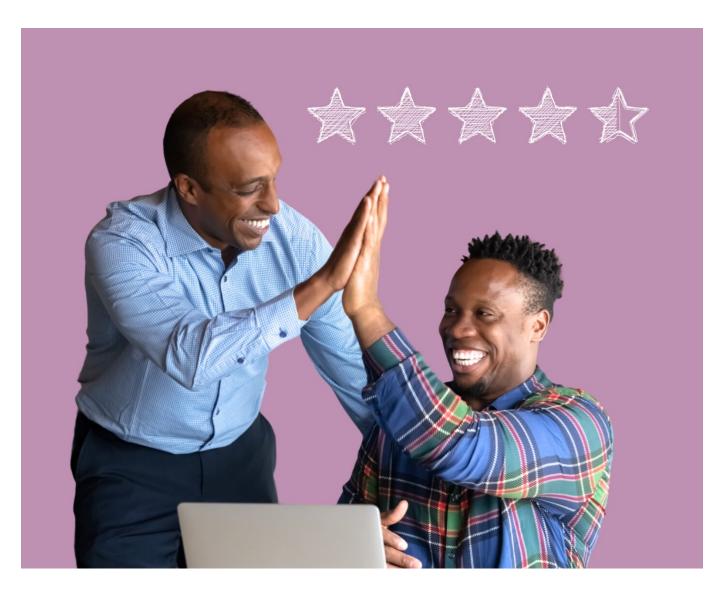
### Relevant reports: Strengthscope® StrengthscopeTeam<sup>TM</sup>

### **Managing Yourself**

Course Objective: This course is all about learning how to manage yourself to remain productive and engaged. You will explore how to manage your mindset and energy and build self-awareness of your unique self to increase leadership effectiveness and enhance working relationships.

Relevant reports: Strengthscope® Strengthscope360<sup>TM</sup>





### **Managing Others**

Course objective: In this course, you will explore how to use your strengths and the strengths of others to manage, develop and energise the people you lead on an individual and collective level. You will learn about different techniques and tips to ensure individuals are motivated, energised and stretched and your team is collaborating effectively.

#### Relevant reports:

Strengthscope® StrengthscopeLeader™ StrengthscopeManager™ Ecourse

### **Sharing Vision**

Course Objective: This course is all about understanding how to be an effective leader through sharing vision. A deep dive into the Sharing Vision leadership habit and getting the most from your StrengthscopeLeader<sup>TM</sup> report.



### **Sparking Engagement**

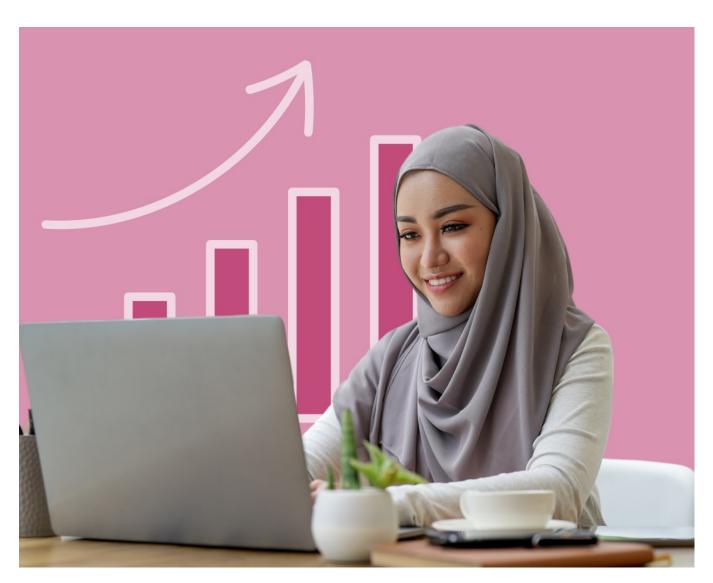
Course Objective: This course is all about understanding how to be an effective leader through sparking engagement. A deep dive into the Sparking Engagement leadership habit and getting the most from your StrengthscopeLeader<sup>TM</sup> report.



### **Skilfully Executing**

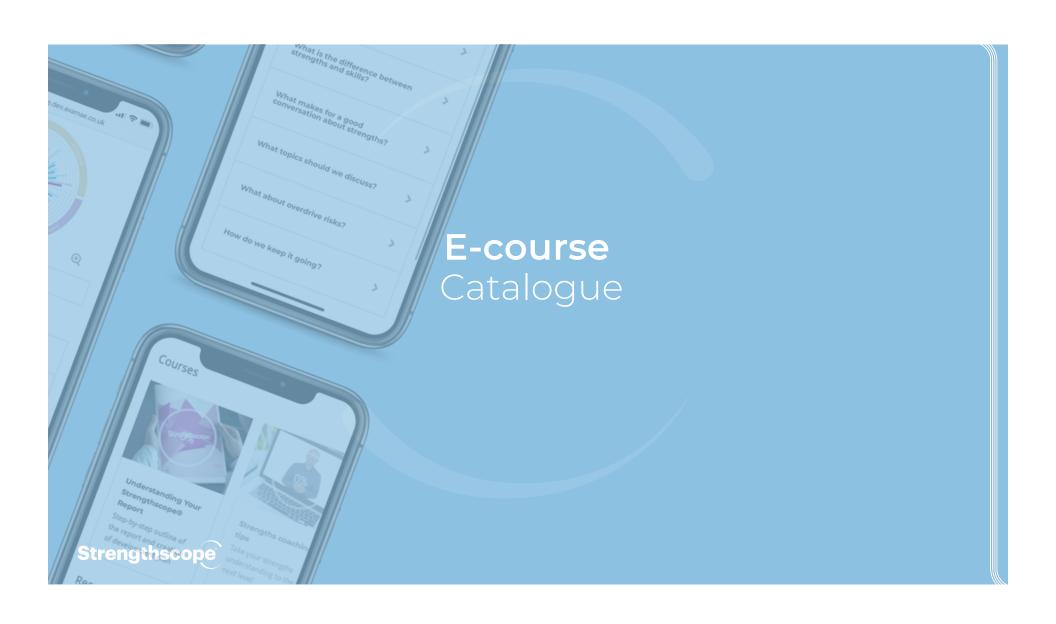
Course Objective: This course is all about understanding how to be an effective leader through skilful execution. A deep dive into the Skilfully Executing leadership habit and getting the most from your StrengthscopeLeader™ report.





### **Sustaining Progress**

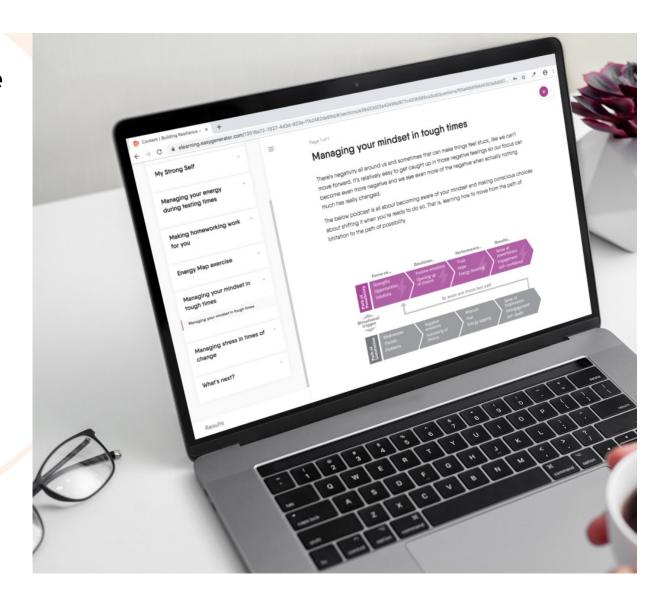
Course objective: This course is all about understanding how to be an effective leader through sustaining progress. A deep dive into the Sustaining Progress leadership habit and getting the most from your
StrengthscopeLeader™ report.



# Building Resilience and Wellbeing

Build your personal resilience and wellbeing using your strengths in this short-course resource.

- -My Strong Self
- -Managing your energy during testing times
- -Making homeworking work for you
- -Energy Map exercise
- -Managing your mindset in tough times
- -Managing stress in times of change
- -What's next...



## StrengthsManager™

- •Explore strengths-based management and why it is becoming an evidence-led business imperative
- •Gain awareness of personal strengths, performance risks and effectiveness as a manager.
- •Learn and develop techniques for having great conversations with direct reports (as well as peers and other stakeholders) that lead to more mutually productive and positive outcomes
- •Learn ways of managing the performance of your team and how it can bring them to new productive levels

Course fee: \$500 per person Volume-based discounts start at 50+ respondents





### Request a trial

We can offer 14-day free trials for all pathways so that you can determine their relevance to your business, and organisational goals.

Enquire now



### Book a demo

Book some time in with your account manager to discuss your E-learning needs and find the right resources to support your people

Book a call







The journey through Strengthscope. We are with you all the way!

Get in touch

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