

OVERDRIVE SELF-CHECK

EMOTIONAL



My **Courage** energizer makes me feel like I need to ALWAYS speak my mind. In this situation, do we need another angle on this topic?



My **Emotional control** energizer makes me feel like I don't always want or need to speak up. Will you please ask me to share anytime you'd like my input?



My **Enthusiasm** energizer makes me feel almost uncontainably excited when I start talking about something I care deeply about. Will you let me know if I need to "turn it down" a notch?



My **Optimism** energizer makes me look at the bright side of every situation. Can you help me see what I'm missing here?



My **Resilience** energizer makes me want to take on huge challenges. Am I pushing us too hard and/or taking this too far?



My **Self-confidence** energizer makes me sound like there's no other option than my idea, but I am open to other possibilities! Help me see what I am missing?

THINKING



My **Common sense** energizer makes me look for the "tried and true" solution that's worked before. Can you help me understand why we shouldn't do that now?



My **Creativity** energizer makes me come up with all sorts of new ideas all the time — I can't help it! Do we need more fresh thinking here, or should we move forward?



My **Critical thinking** energizer makes me see all the things that might not work. May I share a few observations I think could save us hassles down the road?



My **Detail Orientation** energizer makes me need a certain amount of context/info before I feel comfortable moving forward. Can I ask a few more questions?



My **Strategic Mindedness** energizer makes me "zoom out" and look at the bigger picture. May I offer that perspective on this situation?

RELATIONAL



My **Collaboration** energizer makes me want to gather more consensus before we make a decision. Do we need to do that now or should we just move forward?



My **Compassion** energizer makes me want to help everyone all the time! Is that important in this situation or do we need to set a healthy boundary?



My **Developing others** energizer makes me want to always create an opportunity for others to learn. Do we have time for that now or do we need to move forward?



My **Empathy** energizer makes me see everything from the other person's perspective. May I share what I think they might be seeing/feeling/noticing?



My **Leading** energizer makes me want to take the lead and provide direction, but I don't want to squash any other ideas. Who sees a different possibility than what I'm offering?



My **Persuasiveness** energizer makes me really enjoy helping people share my perspective. Will you let me know if I take this too far or push too hard?



My **Relationship building** energizer makes me always want to create new connections with people. Is that necessary here or do we have everyone we need to move forward?

EXECUTION



My **Decisiveness** energizer makes me want to make a decision immediately, even if we don't have all the info. Can we move forward, or are we missing key data?



My **Efficiency** energizer makes me want a clearly defined process for everything. Is that something we need to create at this moment?



My **Flexibility** energizer makes me love change, but I don't want us to change just for change's sake! Is stability more important in this situation?



My **Initiative** energizer makes me excited to get started. Do we have the bandwidth to start something else right now?



My **Results focus** energizer makes me want to "check things off my list" as completed. Am I pushing us too hard / too fast / too much?



My **Self-improvement** energizer makes me want to learn more and gather additional information. Do we have time for that or should we move forward and take action based on what we know?